

SHOPPING LIST

PRICES VARY FROM REGION TO REGION, BUT ALL THIS COST ME LESS THAN \$50.

PRODUCE

- Onions (2 large)
- Collard greens (8 cups)
- Garlic (14 cloves)
- Cremini mushrooms (1 ounce)
- Fresh oregano
- Baby spinach (6 ounces)
- Gingerroot (1 small)
- Serrano chiles (2)
- Thai chiles (2)
- Limes (2)
- Lemon (1)
- Carrots (2 large)
- Cilantro (1 bunch)
- Fennel bulb with stalks (12 ounces)
- Red potatoes (10 ounces)
- Green beans (4 ounces)
- Yellow squash (1 medium)
- Baby bok choy (6 ounces)

DRY GOODS

- Crushed red pepper
- Ground cumin ($\frac{1}{2}$ teaspoon)
- Garam masala ($\frac{1}{2}$ teaspoon)
- Curry powder ($\frac{1}{2}$ teaspoon)
- Ground coriander ($\frac{1}{2}$ teaspoon)
- Quick-cooking grits
- Brown rice ($\frac{1}{2}$ cup)

- Dried small red lentils ($\frac{3}{4}$ cup)
- No-salt-added chicken stock (such as Swanson; 1 [32-ounce] container)
- Lower-sodium soy sauce
- Rice vermicelli (4 ounces)
- No-salt-added whole tomatoes (28.5-ounce can)

REFRIGERATED

- Refrigerated fresh pizza dough (1 pound)

ALCOHOL

- Beer (1 [16-ounce] can/bottle)

DAIRY

- Fresh mozzarella cheese (3 ounces)
- Parmesan cheese (1.5 ounces)

MEATS

- Boneless pork shoulder (Boston butt; 20 ounces)
- Applewood-smoked bacon ($1\frac{1}{2}$ ounces)
- Skin-on, boneless chicken thighs (4 [4-ounce])
- Mussels ($1\frac{1}{2}$ pounds)