

Cooking Light 2001 Annual Recipe Index

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 Spicy Apple-Glazed Chick 'n' Grits Gorgonzola, Dec 192
 Spicy Cumin-Crusted Chicken with Orange-Chipotle Sauce, June 113
 Spicy Turkey Soft Tacos, Nov 174
 Spicy Yogurt-Marinated Chicken with Couscous, May 122
 Stir-Fried Chicken and Broccoli with Black Bean Sauce, May 122
 Superfast Salisbury Steak, J/F 118
 Tandoori Chicken, Nov 140
 Teriyaki-Glazed Chicken with Tangy Apricot Ketchup, July 185
 Thai Grilled Chicken, June 142
 Turkey Alfredo Pizza, Nov 172
 Turkey Jambalaya, Nov 170
 Turkey Meat Loaf, Mar 156

SALADS

Apple and Smoked Salmon Salad, Dec 97
 Apricot and Cherry Salad with Lime-Poppy Seed Vinaigrette, July 181
 Artichoke-Potato Salad with Toasted Brown Mustard, Apr 214
 Arugula, Fennel, and Avocado Salad, Mar 148
 Arugula, White Bean, and Roasted Red Pepper Salad, May 158
 Asian Beef-Noodle Salad, July 176
 Asian Turkey Salad, Nov 176
 Asparagus Salad with Beans and Feta, May 174
 Balsamic Vinaigrette Chicken over Gourmet Greens, J/F 83
 Barley, Beet, and Feta Salad, Oct 166
 Barley "Pasta" Salad, Aug 166
 Barley-Salmon Salad with Arugula Vinaigrette, Apr 214
 Bean Salad with Artichokes, Nov 160
 Beet and Black-Eyed Pea Salad, Dec 97
 Black Bean Salad with Lime-Cumin Dressing, Mar 158
 Black-Eyed Pea Salad with Sour Cream Dressing, July 186
 Bulgur-Bean Salad, Mar 156
 Bulgur Salad with Nuts, Oct 146
 Caramelized-Chicken Salad with Chile-Garlic Vinaigrette, May 128
 Cheddar-Jalapeño Quesadilla Salad with Cilantro-Lime Vinaigrette, June 178
 Chicken-and-Pickled Ginger Salad with Curry Dressing, May 198
 Chicken-Fruit Salad, Oct 186
 Chicken Salad with Asparagus and Toasted Almonds, May 178
 Chickpea-Vegetable Salad with Curried Yogurt Dressing, May 166
 Chipotle, Tomato, and Roasted Vegetable Salad, Aug 168
 Chopped Salad with Ginger-Miso Dressing, Mar 180
 Conch Salad, May 146
 Confetti Cactus Salad, Apr 190
 Couscous Salad with Chicken, Tomato, and Basil, July 178
 Crunchy Autumn Vegetable Salad, Nov 129
 Crunchy Bok Choy Salad, Aug 168
 Crunchy Shrimp-Pasta Salad, Aug 143
 Curried Rice Salad with Spinach-and-Citrus Vinaigrette, May 163
 Double-Mango Salad, Apr 206
 Fennel and Apple Salad with Lemon-Shallot Dressing, Oct 156
 Flank Steak-and-Blue Cheese Quesadilla Salad, June 182
 Fresh-from-the-Garden Vegetable Salad, Aug 168
 Fried-Chicken Salad, Oct 208
 German-Style Potato Salad, Aug 168
 Glass-Noodle Salad with Chicken and Shrimp, June 142
 Grapefruit, Beet, and Blue Cheese Salad, Mar 202
 Greek Salad with Grilled Chicken, Aug 156
 Green and Yellow Bean Salad with Chunky Tomato Dressing and Feta Cheese, June 117
 Grilled Corn and Black Bean Salad, Aug 140
 Grilled Fennel-Couscous Salad, Dec 154
 Iceberg Lettuce Wedges with Thousand Island Dressing, J/F 152
 Jicama Salad with Chili-Spiced Chicken, Apr 132
 Kaleidoscope Tomato Salad with Balsamic-Olive Vinaigrette, July 132
 Laab (Northern Thai Spicy Beef Salad), June 150
 Lemon-Dill Bulgur Salad with Scallops, May 168
 Lemon-Rosemary Chicken Quesadilla Salad with Shallot-Mustard

Vinaigrette, June 180
 Marinated Lentil Salad, Nov 168
 Mashed-Zucchini Salad, Oct 150
 Mesclun Salad with Roasted Tofu, May 162
 Millionaire Salad, Nov 130
 Mushroom Salad with Maple Dressing, Dec 100
 Orange and Arugula Salad, Oct 160
 Orange-and-Radish Salad, May 106
 Pasta Salad with Lobster and Corn-Citrus Vinaigrette, July 115
 Pear, Walnut, and Blue Cheese Salad with Cranberry Vinaigrette, Dec 100
 Pork-and-Rice Noodle Salad with Lemon-Coconut Dressing, Apr 216
 Raita Salad of Red Grapes and Mint, Nov 146
 Rice, Bean, and Spinach Salad, J/F 145
 Roasted-Beet Salad with Feta Dressing, Mar 174
 Romaine Salad with Sun-Dried Tomato Vinaigrette, Sept 122
 Seafood Salad, July 136
 Seared Tuna Salad with Lemon-Caper Vinaigrette and Feta Quesadillas, June 182
 Shrimp-and-Asparagus Salad with Orange-Miso Vinaigrette, Mar 180
 Sizzling Salmon-and-Spinach Salad with Soy Vinaigrette, May 164
 Soba Noodle Salad with Vegetables and Tofu, May 170
 Spicy Beef Salad, Oct 164
 Spicy Cucumber Salad with Peanuts, June 120
 Spinach and Pear Salad, Oct 159
 Spinach-and-Strawberry Salad, May 194
 Spring Tortellini Salad, Apr 128
 Strawberry-Kiwi Salad with Basil, Apr 132
 Sugar-Snap-Pea Salad with Sweet Ginger-Soy Dressing, July 106
 Thai Bell Pepper, Cucumber, and Peanut Salad, Sept 96
 Tomato-and-Mango Salad with Curry-Orange Vinaigrette, June 118
 Tropical Fruit Salad, J/F 140
 Uruguayan Bean Salad, Sept 134
 Warm Barley and Soybean Salad, J/F 148
 Warm Lentil-Ham Salad with Dijon Cream, Dec 160
 Warm Potato, Soybean, and Cucumber Salad, Mar 161
 Warm Salad of Mustard Greens and Black-Eyed Peas, Oct 198
 Warm Salmon Salad à la Provençal, Apr 115
 Wild Rice-and-Quinoa Garden Salad, May 152

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Asparagus Melt with Pesto Spread, May 174
 Asparagus-Turkey Wraps with Roasted-Pepper Mayonnaise, May 176
 Barbecue Turkey Burgers, Mar 198
 Barbecued Tempeh Sandwiches Smothered with Peppers and Onions, June 166
 Black Bean Burgers with Spicy Cucumber and Red Pepper Relish, June 164
 Broccoli-Sausage Calzones, Mar 206
 Broiled Salmon Burgers, Apr 172
 Chicken-and-Brie Sandwich with Roasted Cherry Tomatoes, June 107
 Chicken Curry Pitas, Oct 189
 Greek Sandwich with Feta Vinaigrette, May 156
 Grilled Cuban Sandwiches, Sept 165
 Grilled Eggplant-and-Green-Tomato-Sandwich with Dijon-Rosemary Spread, June 188
 Grilled Eggplant, Zucchini, and Red Onion Sandwiches, Mar 201
 Grilled Tomato, Smoked Turkey, and Muenster Sandwich, July 133
 Ham and Spinach Focaccia Sandwiches, Nov 192
 Ham-and-Swiss Stromboli, J/F 132
 Herb-Marinated Fresh Mozzarella Wraps, Apr 216
 Lentil Burgers with Tzatziki, Oct 198
 Lobster Roll, July 113
 Open-Faced Smoked Bell Pepper and Basil Sandwich with Goat Cheese Sauce, June 122
 Oriental Turkey Burgers, Mar 156
 Portobello "Steak" Burger with Caramelized Onions, Mar 152
 Roast-Chicken-and-Cranberry Sandwiches, July 174
 Stir-Fried Moo Shu Vegetable Wraps, Oct 188
 Tangy Tuna-Salad Sandwiches, J/F 140
 Tofu Pita with Peanut Sauce, June 167
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Aloha Salsa, May 150
 Apricot-Lime Sauce, June 111
 Avocado Salsa, Apr 210
 Balsamic Vinaigrette, J/F 82
 Blueberry Sauce, Mar 117
 Caesar Dressing with Flaxseed, Apr 114
 Caramel-Whiskey Sauce, Mar 220
 Chimichurri, Sept 136
 Chunky Mango-Ginger Sauce, June 112
 Classic Pan Gravy, Nov 107
 Cran-Apple Relish, Dec 122
 Cranberry-Apple Relish, Nov 105
 Cranberry-Kumquat-Date Relish, Dec 117
 Cranberry, Pear, and Ginger Relish, Nov 168
 Curry Dressing, May 198
 Dark Cocoa Sauce, Oct 107
 Date Chutney, J/F 150
 Dijon-Lemon Vinaigrette, June 178
 Dulce de Leche, June 127
 Dutch West Indian Peanut Sauce, May 138
 Mango-Habanero Salsa, May 150
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 Orange-Chipotle Sauce, June 113
 Quick Salsa, June 160
 Raspberry Dressing, Oct 186
 Red-Hot Tomato Pesto, Mar 204
 Red-Pepper Aioli, Mar 127
 Roasted-Chipotle Salsa, Sept 145
 Roasted Red Pepper-and-Corn Salsa, June 116
 Roasted Tomato and Green Chile Salsa (Salsa de Molcajete), Dec 138
 Roasted Yellow Pepper Sauce, Sept 136
 Rouille, Sept 107
 Strawberry Salsa, May 196
 Sweet-and-Sour Green-Tomato Salsa, June 186
 Sweet-and-Sour Red Onion-Vinegar Sauce, June 193
 Sweet Hoisin Sauce, June 110
 Sweet Peach Sauce, June 113
 Sweet Pepper and Onion Relish with Pine Nuts, Sept 160
 Sweet Yogurt Cream, Sept 103
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 Tomato-Garlic Chutney, Nov 146
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Asian Broth with Tofu and Rice, J/F 150
 Baekeoffe (Alsatian Meat Stew), Apr 156
 Beef Stew with Fennel Gremolata, Nov 184
 Beet Soup with Potatoes and Beet Greens, Mar 170
 Brazilian Fish Stew, Sept 132
 Bree's Lentil-Tomato Soup, Sept 142
 Carrot-Ginger Soup, Apr 111
 Carrot-Ginger Soup, May 117
 Castilian Garlic Soup (Sopa de Ajo Castellana), Aug 132
 Cauliflower and Red-Pepper Chowder, Oct 159
 Cheddar Chicken Chowder, Nov 220
 Chicken and Dumplings, Nov 158
 Chicken, Artichoke, and Tomato Ragout, Mar 192
 Chicken Noodle Soup, J/F 128
 Chicken-Vegetable Soup with Orzo, Mar 133
 Chinese Hot Pot of Beef and Vegetables, Oct 117
 Chunky Potato-and-Swiss Chowder, Mar 115
 Coconut Soup with Chicken, June 152
 Corn-Fish Chowder, July 166
 Curried Butternut Squash Soup, Oct 123
 Curried Squash-Apple Soup, Sept 144
 Egyptian Greens-and-Chicken Stew, May 106
 Feijoada, Apr 128
 Fennel, Leek, and Potato Soup, Nov 188
 Gazpacho, July 136
 Gazpacho Andaluz, Aug 137
 Golden Oyster Bisque, Dec 102
 Harira, May 98
 Hearty Bean and Barley Soup, Oct 117
 Italian Meatball Soup, Nov 159
 King Edward Soup, J/F 124
 Lobster Chowder, July 116

Low-Fat Albóndigas Soup, J/F 128
 Miso Soup with Enoki Mushrooms, Mar 176
 Nonstop, No-Chop Chili, Sept 150
 Orange-Saffron Shrimp-and-Snapper Stew, Mar 190
 Oyster-Crab Bisque, Nov 118
 Peruvian Chicken Stew with Sweet Potatoes and Peanuts, Mar 129
 Pork Stew with Pumpkin, Oct 178
 Potato and Bean Chowder, Oct 169
 Quick Chicken-Corn Chowder, Dec 98
 Quick Vegetarian Chili with Avocado Salsa, Apr 210
 Roasted Chicken with Wild Rice Soup, J/F 126
 Shrimp Won Tons with Shiitake Mushroom-Miso Soup, Apr 141
 Sour and Spicy Shrimp Soup, June 144
 Spicy Chicken-and-Pumpkin Stew, J/F 126
 Spicy Chicken Soup, Nov 194
 Spicy Turkey and Sweet Potato Gumbo, Dec 100
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 Spicy West Indian Pumpkin Soup, May 146
 Strawberry Soup, May 194
 Summer Tomato-and-Carrot Soup, June 119
 Supa Ya N Dizi (Curried Chicken-and-Banana Stew), J/F 127
 Tagine of Meatballs in Tomato Sauce with Eggs, Oct 146
 Thai Fish-and-Noodle Soup, J/F 72
 Tomatillo-and-Cactus Soup, Apr 191
 Tortellini and Spinach in Broth, Aug 174
 Tortilla Soup, J/F 127
 Triple-Ginger Butternut Squash Soup, Dec 97
 Tuscan Chickpea Soup, Oct 160
 Tuscan White Bean Soup with Prosciutto, J/F 155
 Veal-and-Artichoke Stew with Avgolemono, July 155
 Vegetable-Beef Stew in Pumpkinseed Sauce, Mar 126
 Vegetable Soup with Corn Dumplings, Oct 156
 Vietnamese Chicken Noodle Soup, Mar 125
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VEGETABLES

Chile-Vinegar Turnip Greens, July 186
 Chipotle Black Beans, Apr 208
 Chipotle-Cheddar Mashed Potatoes, Dec 185
 Chipotle-Maple Sweet Potatoes, July 186
 Corn and Parsnip Cakes, Dec 185
 Creamy Mashed Potatoes with Chives, Nov 167
 Fried Green Tomatoes, Aug 179
 Ginger-Infused Black Beans, May 118
 Ginger-Lime Sweet Potatoes, Dec 117
 Glazed Carrots with Candied Chestnuts, Dec 184
 Green Beans with Crushed Walnuts, Dec 122
 Green Beans with Roasted-Onion Vinaigrette, Nov 108
 Grilled Fennel, Leeks, and Eggplant with Garlic-Miso Sauce, Mar 180
 Harmony Holiday Delight, Nov 131
 Horseradish Beets, June 160
 Kale and Mushrooms with Basmati Rice, May 162
 Leek, Potato, and Caraway Latkes with Spiced Sour Cream, Dec 184
 Lemon-Scented Broccoli Souffle, Dec 117
 Llapingachos Ecuatorianos (Ecuadorian Potato-and-Cheese Patties), Apr 198
 Maple-Glazed Acorn Squash Rings, Apr 208
 Mashed Potatoes with Blue Cheese and Parsley, J/F 78
 Mashed Sweet Potatoes with Pecan Butter, Apr 208
 Orange Beets, Dec 117
 Pan-Roasted Vegetables, Nov 142
 Peppered Cauliflower, July 171
 Plantains in Temptation Sauce, Nov 132
 Pommes Anna (Potatoes Anna), Apr 152
 Potato Gratin with Goat Cheese and Garlic, Oct 163
 Potato Lasagna, Nov 160
 Potatoes Anna with Bacon and Romano, Mar 202
 Pumpkin, Pear, and Cranberry Gratin, Oct 178
 Pumpkin Puree, Oct 179
 Roasted Asparagus with Balsamic Browned Butter, Sept 97
 Root Vegetable and Cranberry Bake, Oct 200
 Root Vegetable Latkes, Dec 122
 Rosemary Potatoes, Mar 132
 Sautéed Mushrooms with Porcinis, Mar 146
 Savory Onion Tart, Apr 160
 Sesame-Roasted Asparagus, May 174
 Sformato, Dec 119
 Spiced Sweet Potato Casserole, Nov 105
 Spicy Garlic Spinach with Sesame Seeds and Rice, Apr 140
 Spicy Grilled Corn, July 114

Spicy Grilled Sweet Potatoes, Mar 201
Stewed Okra and Tomatoes, Aug 179
Stir-Fried Broccoli with Oyster Sauce, J/F 108
Sugar-Roasted Pumpkin, Oct 182
Sweet-and-Sour Beets, Mar 174
Sweet Potato and Apple Gratin, Nov 167
Tomatoes Provençale, Sept 166
Turnip Greens, Aug 179
Unfried Green Tomatoes with Fresh Tomato Gravy, June 186
Wasabi Mashed Potatoes, Mar 154
Yellow Squash Casserole, Aug 179
Zucchini Casserole with Red-Pepper Aioli, Mar 127